

Support Groups and Advice in Tameside



Families of Autistic Children Together (FACT)

Parent run support group, set up to provide essential support, help and information to families of children who have been diagnosed with **Autism** and related conditions such as **ADHD, OCD, Pica, SPD** and more complex learning disabilities.

Providing activities that benefit Autistic Children 5-18 years and their families.

www.factautism.org.uk



HOPE

Parent run support group for parents/carers of children and young people living with **Epilepsy**. We give families the opportunity to meet up, share and gain knowledge and influence service provision.

www.facebook.com/groups/102498236457637



OKE

Parent run support group for families who have a child/young person with **special needs/disability**. We're a one-stop shop for families to get help, advice and support. We also offer a range of activities and events throughout the year for the whole family.

www.facebook.com/ourkidseyes.uk



TASCA

Parent run support group for families with children 0-18 years with **Autism, communication & social difficulties**. We organise activities throughout the year for the whole family.

www.facebook.com/TascaTameside



T21 Network

Parent led group committed to supporting parents/carers of children and young people with **Down's syndrome** (Trisomy 21). We aim to provide information, advice and a friendly face to parents, carers, families and friends.

www.facebook.com/groups/TandGDSSupportGroup

www.facebook.com/t21networktameside

Mental Health & Wellbeing Support

HOMESTART

An organisation that helps families struggling with the demands of a young family.

0161 344 0669

www.home-starthost.org.uk/need-home-visiting-support/home-visiting-support/

MIND

Provide high quality local mental health services; empowering individuals and our communities to live well. We help people with their mental wellbeing in the way which best suits them.

0161 330 9223

www.togmind.org/content/home

The Anthony Seddon Fund

Was set up in June 2014 by Donna Thomas and her husband Brian after the death of their son, Anthony, to offer support for those with mental health issues in Tameside. Daily drop in - (Monday to Friday) - 12pm-3pm

www.tasfund.org.uk

<http://tasfund.org.uk/anthony-seddon-centre/>

Gingerbread

Is a charity supporting single parent families to live secure, happy and fulfilling lives.

www.gingerbread.org.uk

Off the record

Free, confidential counselling service for all young people between the ages of 10 and 25 who live in Tameside. Weekly drop in sessions. 0161 355 3553

<http://www.otr-tameside.org/>

The Hive 8 -10 year olds

The Hive is a safe space for children and young people to come and get involved in activities or access help for issues or problems in their lives. Young people can also access The Hive if they want to meet other young people from their local community. The Hive is open every Wednesday evening 4pm-8pm.

www.togmind.org/services/hive

Women's Aid

Working together until women and children are safe

<https://www.womensaid.org.uk/>

<https://www.tameside.gov.uk/domesticabuse>

Men's Aid

Formed in 2006 to help provide practical advice and support to men who have been abused

<http://www.mensaid.co.uk/>

<https://www.tameside.gov.uk/domesticabuse>



Inspire Academy
Discovery Adventure Exploration

